

MAJOR SUMMER RECREATION EVENTS

Canada Day Events with the District of Vanderhoof - Sunday July 1

Kids of Steel at the Museum

Bring your bike and helmet, runners and energy down to the Museum to compete in age categorized competitions! Cost is \$5/ participant. Prizes to be won! 8:30 am pre-registration at the Museum grounds, 10:00 am ages 4-6 start, 10:30 am ages 7-11 start.

Co-ed Beach Volleyball Tournament at Riverside Park

For ages 16+ from 12 – 5pm. Register your team of 4 (or more) players for the 4-on-4 beach volleyball tournament. Individual registration is welcome and you will be placed on a team. This is a FUN Recreation League tournament where all skill levels are welcome! Pre-registration is \$50 per team or \$12 per person (includes tournament t-shirts). Play to win prizes for 1st, 2nd and 3rd!

Pre-registration forms can be picked up at California Dreamin' and the Municipal Office beginning June 1. Pre-registration is required. Drop off registration forms to the Municipal Office by June 29.

Fireworks – Dusk (~11 pm) at Riverside Park

Join the community as we gather to celebrate Canada Day with Fireworks! Bring your chairs or blankets to sit back and relax while you watch the Fireworks display!

SunSational Summer Bash and Appreciation Picnic - August 25

Celebrate the end of summer with a Bash on August 25 from 11 am – 4 pm! We'll have bouncy tents, cotton candy, popcorn, penny carnival, clowns and more at the Appreciation Picnic with the District of Vanderhoof and Chamber of Commerce. FREE BBQ and cake!!



Kids of Steel race at the Canada Day celebrations at the Vanderhoof Community Museum from 2011.

Wacky Water Fun Fridays at Ferland Park 1:30 – 3:30pm

FREE for all ages! Fridays from July 6 – August 24. Come out and play at the Ferland Spray Park and inflatable Waterslide! Enjoy refreshing water games with our Leaders! Children 6 years and under must be accompanied by a parent or guardian.

Kayaking Lessons - July 13-15

Ever wanted to learn how to kayak? Lessons for youth and adults, in the river or Hogback Lake. Contact the District of Vanderhoof to pre-register for lessons by July 10. More details found on www.vanderhoof.ca.

Ladies 55+ Walking Group

Let's walk to Vancouver! As a group we will combine the kilometers that we walk, with a goal of reaching Vancouver by the end of the summer! Beginning July 10th, join us every Tuesday at 12:05pm starting at the Municipal Office where we will walk as a group and enjoy the many walking routes in our community. Bring your walking shoes and friends and enter to win prizes! Cost is by donation (\$2 minimum). All donations will help support recreation programs.

UPCOMING REGULAR COUNCIL MEETINGS

District Council Chambers
5:30 pm Mondays

JUNE 11

JUNE 25

• RECREATION PROGRAM INFORMATION •

Remember to check us out the District of Vanderhoof **Facebook** Page for updates and to leave your suggestions on new programs! Go to www.vanderhoof.ca for more details on all of our summer programs!

Pre-register for all District of Vanderhoof Recreation Programs at the Municipality Office located at 160 Connaught Street. Call the Recreation Director for more details at 250-567-4711 or recdir@district.vanderhoof.ca

• COMMUNITY DROP-IN SOCCER •

NVSS fields every Wednesday night at 7pm. Everyone welcome (men & women, boys & girls). Come out and have a good time. FREE.

UPDATER

The **UPDATER** is produced once a month and distributed to all Vanderhoof mailboxes.
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COUNCIL MESSAGE *Summertime*

Now that the weather is warming up it is time to get out and enjoy the spring and summer recreational opportunities that Vanderhoof has to offer. Along with the many team sports for the younger set we now have a great trail network in place for all ages to enjoy. Also don't forget the bike park and the District of Vanderhoof Recreation Department activities. Our recreation staff has been busy planning many new and returning programs for the summer. Check this issue for details of what is available this summer and watch for posters and updates on our Facebook site.

Also you will see some changes to Riverside Park with the installation of outdoor exercise equipment that will be available for year round use. The park is also going to go through some rehabilitation to flatten out and improve the grassy fields to make them more usable. It is council's hope that this will encourage all of us to include some of these things in a healthy lifestyle.

Council and the pool committee are still working hard to make a swimming pool for Vanderhoof and the surrounding area a reality. A referendum is being worked on for this fall so please watch for details.

It saddened me to see the recent fire of the Fort St James recycling depot. Providing recycling opportunities is a challenge in smaller centres and Greening Up the Fort had worked hard to establish their new facility.

Here in Vanderhoof our own Nechako Waste Reduction Initiative continues to work hard to promote and provide recycling opportunities for our community. Despite setbacks last year they are still working hard on your behalf. Due to last year's fires the mixed paper bin is now located at the Transfer Station on Dump Road. Cardboard can still be dropped off in the bin behind the Co-op during store hours. Bottles and Milk containers as well as paint can be recycled at the NVSS Bottle Depot. Please do your part to keep our community sustainable by making the effort to recycle. Check out their website <http://www.nechakowri.ca/> and they can also be found on Facebook.

Finally in early May many of the council members attended the North Central Local Government Association meeting in 100 Mile House. While we were there we had a number of productive meetings. Some of these included meetings with Northern Health and Ida Chong, Minister of Community, Sport and Cultural Development.

Council meetings are now held on the second and fourth Monday of each month at 5:30 pm. They are open to the public and the agendas are available online or at the District Office. Hope to see you there. ~ *Councillor Louise Levy*



Councillor Louise Levy



Ethan Floris and dad Marty speak about Ethan's recent experience at BC Children's Hospital to Global TV newscaster Sandra at Riverside Park on May 26.

COMMUNITY ACHIEVERS *Vanderhoof Community for Kids*

Vanderhoof Community for Kids (CFK) is comprised of a group of dedicated volunteers that fundraise in our community for BC Children's Hospital and our own St. John Hospital. Started 20 years ago by sister-in-laws Jean and Chris Moutray, Vanderhoof CFK has been working hard to spread the awareness about the importance of BC Children's Hospital for sick and injured children from Vanderhoof and the whole province. Two years ago Michelle Roberge and Corleen McNolty took over the lead roles for the Vanderhoof CFK. On May 26, a Global TV film crew from Prince George came here to film the cheque presentation and personal interviews of three (of the over 50) families from Vanderhoof who used the hospital in the past year. This will be aired during the Miracle Weekend Telethon on June 2-3 on Global TV. The entire community should be proud to have raised \$62,502.72 for BCCCH since October 2011. Vanderhoof CFK this year will be presenting a cheque for \$11,856.11 to the St. John Hospital Auxilliary earmarked for pediatric equipment.



SUNSATONAL KIDS

SUMMER CAMP *Where every kid shines!*

The SunSational Kids Summer Camp is back for our second year! Last year was a blast exploring our culinary skills, experimenting with homemade volcanoes, challenging our skills in a variety of sports, day trips to the pool, but most importantly, having fun! Your child won't want to miss out on this recreational day camp!

Program begins JULY 4 – AUGUST 23

Ages..... 6 - 11 yrs (6 by December 31, 2012)

Where.... WL McLeod Elementary School

When..... Monday to Friday, 9am - 4pm

Cost..... You can pre-register for individual days at \$20/day. If you choose to register for an entire week, the costs per week are as follow:

July 4-6..... \$55

July 9-13..... \$95*

July 16-20..... \$95

July 23-27..... \$95*

July 30-Aug 2..... \$70

Aug 7-10..... \$75*

Aug 13-17..... \$90

Aug 20-23..... \$75*

**Swimming in PG!
On the Thursday of the starred* weeks, youth 7 & up are welcome to join the summer camp group on the bus to Prince George to go swimming and get some food for the trip home. Children under the age of 6 MUST be accompanied by a parent. Cost is \$20/person, gone from 9am-4pm.*

To register for the entire summer will be \$600.

Register your children for the SunSational Kids Summer Camp and the SunSational Tots starting on JUNE 1ST, 2012 at 160 Connaught Street, District of Vanderhoof Municipal Office.



PRE-REGISTRATION IS REQUIRED FOR ALL DISTRICT OF VANDERHOOF RECREATION PROGRAMS.



Scenes from the 2011 Summer Recreation Programs.

SUNSATONAL TOTS

A time to explore, create and shine!

Time to get your tots moving this summer! Sign your child up for the SunSational Tots! This program is for children aged 3-5 and includes 2 hours packed with activities and adventure including cooking, arts and crafts, sport basics, snacks and free play time! Let's have some fun this summer!

Programs begin JULY 4 – AUGUST 23

Ages..... 3 - 5 yrs (Children MUST be 3 years of age and toilet trained at the time of registration)

Where.... WL McLeod Elementary School

Cost..... \$6/session. If pre-registered for the entire week sessions will be \$5 each.

When..... Programs run as follows:

Mondays..... 1:30-3:30 pm

Tuesdays..... 9:30-11:30 am & 1:30-3:30 pm

Wednesdays.... 9:30-11:30 am & 1:30-3:30 pm

Thursdays..... 9:30-11:30 am & 1:30-3:30 pm

Fridays..... 9:30-11:30 am

Special Dates for June

Monday, June 18 - 1:30-3:30 pm

Tuesday, June 19 - 9:30-11:30 am & 1:30-3:30 pm

Wednesday, June 20 - 9:30-11:30 am & 1:30-3:30 pm

Thursday, June 21 - 9:30-11:30 am

Mon/Tue, June 25 & 26 - 1:30-3:30 pm

Thur/Fri, June 28 & 29 - 1:30-3:30 pm



Summer Recreation Issue!

Councillor Louise Levy cutting the cake at last year's Appreciation Picnic. This year's picnic is being held on August 25.



SUMMER RECREATION

Summer is almost here and we have plans to help you keep your kids healthy and active! The District of Vanderhoof Recreation Department is happy to bring back the SunSational Kids Summer Camp for children age 6-11 (6 by December 31, 2012) and the SunSational Tots for ages 3-5 (must be 3 when registering). The SunSational Programs will be running Monday to Friday starting July 4th to August 23rd. We'd like to thank School District 91 and WL McLeod School for giving both of these programs a home this summer. Please read "SunSational Kids Summer Camp" and the "SunSational Tots" sections in the Updater for more information.

Canada Day activities will be on Sunday July 1st, starting everyone's summer off with a bang! And by "bang" we mean fireworks! The District of Vanderhoof will be taking part in the Canada Day Celebrations once again this year with Fireworks taking off at Riverside Park at dusk (between 11:00 pm and midnight). The District of Vanderhoof will also host a Kids of Steel race during the Canada Day Celebrations at the Vanderhoof Community Museum. Pre-registration will take place at 8:30am at the Museum. Also during Canada Day there will be our Annual Co-Ed Beach Volleyball Tournament taking place at Riverside Park for ages 16+. See inside for more for information.

Each year we partner with the Vanderhoof Chamber of Commerce to show our appreciation to all of the participants who have joined us during the summer months with an Appreciation Picnic. This year the picnic will take place during our 2nd Annual SunSational Summer Bash! This is an exciting day for everyone! We will enjoy bouncy tents, a penny carnival, prizes, popcorn, cotton candy, a FREE BBQ and cake! Join us on SATURDAY AUGUST 25TH at the Vanderhoof Arena, rain or shine! Don't forget your pennies!

We look forward to a wonderful, healthy and active summer for everyone! For more information on all of our recreation programs please go to www.vanderhoof.ca.

Have a great summer!

~ Ashley Kuznak Raby, Recreation Director

IN THIS ISSUE
Council Message

Upcoming Council Meetings
Upcoming Events

Community Achievers
Summer Recreation Programs