

# Gymnastics

## Saturday's, February 6th - March 13th

Ages 2 & 3 Parent & Tot Beginner Class	9:15 - 10:00	\$ 30.00
Ages 2 & 3 Parent & Tot Beginner Class	10:15 - 11:00	\$ 30.00
Ages 4 & 5 Beginner Class	11:15 - 12:15	\$ 35.00
Ages 4 & 5 Intermediate Class	12:30 - 1:30	\$ 35.00
Ages 9 - 12 Beginner Class	1:45 - 2:45	\$ 45.00
Ages 6 - 12 Intermediate	3:00 - 4:30	\$ 50.00

## Wednesday's, February 10th - March 17th

Ages 2 & 3 Parent & Tot Beginner Class	4:00 - 4:45	\$ 30.00
Ages 4 & 5 Beginner Class	5:00 - 6:00	\$ 35.00
Ages 6 - 8 Beginner Class	6:15 - 7:15	\$ 40.00
Teens & Adults	7:30 - 9:00	\$ 50.00

**6 week program Saturdays & Wednesdays with instructor Lan Gill at the Northside Christian School Gymnasium.**

**Please register at the District of Vanderhoof office located at 160 Connaught Street by January 29<sup>th</sup>. Call 250-567-4711 for more information**



**Pro D Day—February 26<sup>th</sup>**  
There will be a ski trip to Murray Ridge! Watch for advertising!



## Spirit of Vanderhoof Demonstration Project

The *Spirit of Vanderhoof* Demonstration Project officially “kicks off” at the Vanderhoof Arena on January 30, 2010 at 10:30 a.m. following the Olympic Torch Relay. The Community Accord will be read jointly by representatives of the District of Vanderhoof and Saik’uz First Nations. Members of both communities will be able to sign the Accord at this event.

The *Spirit of Vanderhoof* Demonstration Project is coordinated by the College of New Caledonia in partnership with the Good Neighbours Committee which is represented by the Regional District of Bulkley Nechako, Saik’uz First Nation, District of Vanderhoof, Rotary Club of Vanderhoof, School District 91 and the Vanderhoof Chamber of Commerce.

The project will inspire a broad-based paradigm shift from a position of separateness and fear of differences – to one of sharing and safety while valuing and honouring diversity through concrete actions including the signing of the Community Accord. The focus will be on dialogue and relationship building through innovative art, education, culture and workplace initiatives.

The vision of the Good Neighbours Committee is whole-hearted transformation of our community into a Welcoming and Inclusive Community, fully supportive of new immigrants and at the same time building bridges between the existing communities of Vanderhoof and Saik’uz . The project will culminate with a historical extravaganza celebrating the richness of our combined heritages and galvanized community spirit.

*This project is made possible through funding from the Government of Canada and the Province of British Columbia.*



## Council Meeting Notes - December 9, 2009

The Riverside Park Committee chair reported that the committee is preparing a telephone survey to provide public feedback on preferred uses of Riverside Park.

Council supported an application to NKDF for \$50,000 to replace the spray park in Ferland Park. The District has already received \$50,000 in funding for this project.

Council decided to put the business plan for the White Sturgeon Interpretive Centre on hold until the status of the recovery centre is clarified. It was felt that without the recovery centre, the interpretive centre would not be viable.

The purchase of a modular office for the Pubic Works Superintendent was approved. The Public Works Superintendent’s office is now at the public works yard.

A request to include additional properties in the Rural Fire Protection Area was approved.

Urban Systems provided Council with the conceptual design for the 4th Street upgrades. Council approved the conceptual design and the project will move forward with construction starting in spring.

## Council Meeting Notes - January 13, 2010

Council received a delegation from the Fraser Basin Council and discussed flood mitigation issues. The Fraser Basin Council has broad experience with flooding issues. The Fraser Basin agreed to assist Council where it can. The idea of bringing the communities affected by the Nechako River together to discuss joint projects and initiatives was suggested.

Council agreed to allow the MOE Conservation Office to place new signage at the boat launch, the float plane dock and at sandy beach. The signs will be used to educate the public and create awareness of the sensitivity of the river shore and how to best prevent damage. Council also agreed to allow the construction of an information kiosk at the boat launch. The signs and the kiosk will be constructed and installed by the MOE.

Council agreed to send a letter of support for the proposed Stuart Nechako Lakes log merchandising project. If successful this project will assist small forestry based businesses secure a wood supply.

Council agreed to send a letter of support for a number of community funding applications through the Northern Health Centre for Healthy Living 2010 IMAGINE Grant program. If approved the funding would go to several community groups for the purchase of safety related equipment.

First two readings were given to OCP Amending Bylaw No. 1064. The bylaw incorporates goals and objectives for the reduction of carbon emissions in the community. A public hearing on the proposed bylaw is scheduled for February 10, 2010 at 4:45 pm.



### Dogs like their leash

District of Vanderhoof Animal Control Bylaw No. 812, 1996 prohibits dogs running at large.

Using a leash while exercising your dog helps you react better to unexpected situations. Remember that some people in the community may not share your love of dogs, so it’s important to respect their space and right to use public areas. At no time should your dog become a nuisance or impede other people’s enjoyment.

Being a responsible owner means that you are responsible for the actions of your dog. It is your duty to clean up after your pet and to make sure that your dog isn’t disturbing other people and other animals.

### Upcoming Regular Council Meetings:

District Council Chambers  
5:00 pm  
Wednesday  
January 27, 2010  
February 10, 2010  
February 24, 2010



# Olympic Torch Relay - Starting at 9:25 am

Come out and be part of the celebration.  
Join us on the relay route.

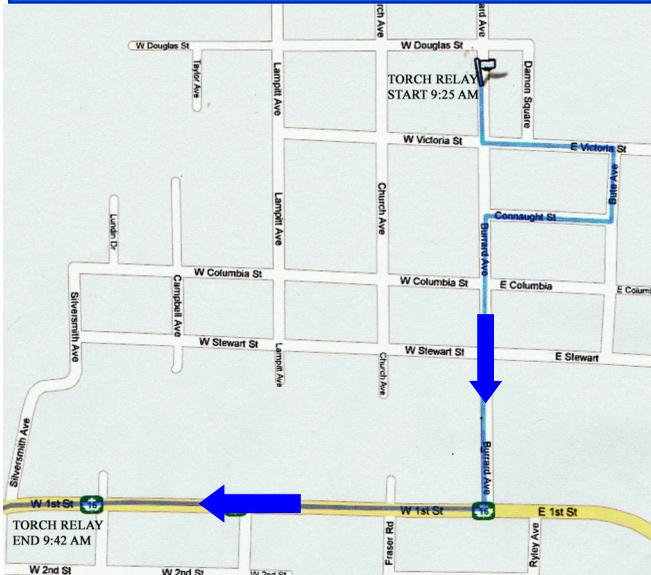
**Torch Relay Colouring Contest.** Open to residents of Vanderhoof (14 and under). Bring us your original drawing with an Olympic Games theme on an 8 1/2 x 11" paper. Put your first name and last initial, age and contact information on the back. There are prizes, drawn at random, for each of the three age categories.  
Drop your entries off before 4:00 pm on January 29th to the District Office.  
All entries will be displayed at the Olympic Torch Relay Celebration.



## Olympic Torch Relay Celebration Saturday, January 30 10:00 am—1:00 pm Vanderhoof Arena

Following the Torch Relay join us at the Vanderhoof Arena. Wear your favorite jersey and come on out for a free family skate from 10:00 am - 1:00 pm and free lunch from 11:30 am - 1:00 pm in the mezzanine. There will also be inflatables for all ages to enjoy and prizes!

For more information contact  
Sarrah (250)-567-4711



Drop off your completed form at the District Office by 4:30 pm on Friday, January 29th or bring it to the Olympic Torch Celebration on January 30th at the Vanderhoof Arena.

### WIN TWO TICKETS TO THE WOMEN'S HOCKEY BRONZE MEDAL GAME FEBRUARY 25TH. AT 11:00 AM - CANADA HOCKEY PLACE (GM PLACE)

(Game Tickets only, you must provide your own transportation and accommodation.)  
Draw will be January 30th, at 12:00 noon during the Olympic Torch Celebration

Name: \_\_\_\_\_

Phone: \_\_\_\_\_



# District of Vanderhoof Updater

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We have all made it through the holidays, perhaps a little worse for wear in the pounds department, but hopefully it was a great time to visit and be with your family and friends.

In this issue I would like to talk about the kind of community we want to be. We all see ourselves as responsible citizens of our community, our country and ultimately our world. Our actions exhibit not only that which we see as right, but also establishes what is acceptable by those around us.

Council is continuously faced with issues that challenge us. We must decide if we need to establish rules and regulations through bylaws or do we work together through improved communications and education to establish societal standards.

This past year council has struggled with concerns such as noise of ATV's and 4x4s on the riverbank, litter, parking, unsightly premises, cardboard that fills our landfills and animals that stray onto our yards and are a genuine nuisance. When issues are brought to council we must decide if this is something that can be addressed through communication and education, or does it need regulation, a bylaw, along with an enforcement strategy and penalties.

We all call Vanderhoof home, we live here because we love the freedom without all the regulation of our southern counterparts. We love getting out in the backwoods with our ATV and enjoying the fresh air, yet we get mad at someone roaring up and down the river shore on their muffler-less dirt bike. We all want to have a pet for our children to love, yet we become incredibly annoyed when a pack of dogs uses the grass on our front yard as their morning latrine.

Council has no desire to be solely focused on creating bylaw after bylaw. We would prefer that citizens play their part and act responsibly to the whole community. There is a need for regulation. Some things require a bylaw but it isn't necessarily the first line of action. Often a problem can be solved through communication and education and that's our preferred course of action.

We feel pretty strong about being good stewards of our environment. This year, resolve to pick up litter and use the recycle bins sponsored by Nechako Waste Reduction Initiative and located at the Co-op. When you take your favorite schnauzer for a stroll, don't leave anything that maps your walk.

Talk to us. Come and be involved in council meetings. We want to know which issues can be addressed through education and better communication. It is our desire to keep the regulation bylaws to a minimum.

Have a great 2010. *Mayor Gerry Thiessen*



A ShelterBox provides dignity and hope to the people of Haiti. Each Box contains: a ten person tent, blankets, groundsheets, water filters, multifuel stove, pots, tools, rope and children's school supplies. The Rotary Club of Vanderhoof is collecting donations until the end of February 2010. 100% of the donations will go directly to ShelterBox Canada. A charitable receipt will be issued by ShelterBox Canada for every donation over \$20. For more information contact Ken Simon (Vanderhoof Rotary Club President) at 250-567-3155. Visit [www.shelterbox.ca](http://www.shelterbox.ca) for more information on this program.